Talk Like a Pirate Day

Each year in September, people throughout Australia and around the world loosen their ties, lose the school uniform and get ready to Talk like a Pirate! In Australia, Talk like a Pirate Day is dedicated to raising awareness of the impact childhood cancer has on families, while raising vital funds for a great cause. Barcaldine P-12 State School participated in Talk Like a Pirate Day. Students and staff dressed and talked like pirates to raise funds for childhood cancer. The afternoon was packed full of fun activities that the Student Council organised, a fun day had by all.
Dear Families,

The year is passing quickly. Term 4 is now in full swing and it is a term full of events and celebrations. Subject selection evenings for Years 9 and 11 2015 have occurred and planning for 2015 is well under way. Our Junior Secondary 6/7 into 7/8 evening will take place on 30 October as we move Year 7 into Secondary School in 2015.

For your information our curriculum through Junior Secondary in 2015 will be:

Possible Subject Timings for 2015

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 x English</td>
<td>3 x English</td>
<td>3 x English</td>
<td>3 x English</td>
</tr>
<tr>
<td>4 x Maths</td>
<td>3 X Maths</td>
<td>3 x Maths</td>
<td>3 x Maths</td>
</tr>
<tr>
<td>3 X Humanities *</td>
<td>3 X Science</td>
<td>3 x Science</td>
<td>3 x Science</td>
</tr>
<tr>
<td>2 X Science</td>
<td>2 x Humanities#</td>
<td>2 x Humanities</td>
<td>2 x Humanities</td>
</tr>
<tr>
<td>2X LOTE</td>
<td>2 X LOTE/Civics-Business**</td>
<td>2 X PE</td>
<td>2 X PE</td>
</tr>
<tr>
<td>2 XPE^</td>
<td>2 x Home Ec/ITD</td>
<td>3 X elective 1</td>
<td>3 X elective 1</td>
</tr>
<tr>
<td>2 x ARTS/Tech</td>
<td>2 x PE</td>
<td>3 X Elective 2</td>
<td>3 X Elective 2</td>
</tr>
<tr>
<td>2 x Art/Music</td>
<td>1 X Contact</td>
<td>1 X Contact</td>
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<tr>
<td>1x Contact</td>
<td></td>
<td></td>
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<tr>
<td>20 Periods</td>
<td>20 Periods</td>
<td>20 Periods</td>
<td>20 Periods</td>
</tr>
</tbody>
</table>

- * In Year 7 Humanities is one term of each History/ Geography/ Civics and Citizenship/ Economics and Business
- # In Year 8, 9 and 10 Humanities is History/ Geography 1 semester each.
- ** In Year 8 Civics and Citizenship and Economics and Business have a term each and LOTE is taught for the other semester
- ^ In Year 7 Contact is part of PE curriculum
- In Year 9 and 10 Economics and Business an elective that includes Civics and Citizenship – this replaces the current Business curriculum on offer.
- In Years 9 and 10 students choose 2 electives only for 3 periods per week

Uniform

This term our focus is on ensuring every student meets the uniform expectations and when looking towards 2015, parents are encouraged to ensure that when updating items of clothing for their children for school, that these items meet the school uniform requirements.

The school uniform is:

- Green/Gold Polo Shirt with school emblem worn tucked in unless actively participating in sport.
- Black Ruggers/Poly Cotton shorts, tailored shorts and/or skorts.
- Bottle green cricket/bucket hat.
- Black track pants and bottle green fleecy lined top in winter.
- Appropriate lace up or velcro black footwear with predominantly white socks. School socks should be the standard sock and not ankle socks (that are not visible).
Student dress codes provide clothing that aims to contribute to a safe and supportive teaching and learning environment through:

- Ready identification of students and non-students at school
- Fostering a sense of belonging, and
- Developing mutual respect by minimising visible evidence of economic or social differences.

At Barcaldine Prep – 12 State School the wearing of the correct uniform is to be encouraged, as it is an important factor in developing self-respect and a sense of responsibility in the individual student.

Wearing the school uniform fosters good tone and pride in the school community and the development of the school’s traditions.

In 2015 we will be contacting parents when students arrive at school not in the correct uniform and we will also have uniform items at school for students to change into when they are not in the correct uniform.

**Staff Movements for 2015**

At the end of every year we unfortunately say good bye to many valuable members of our school community as they move on to new adventures and, of course, we then welcome new people to our community. At the end of this year, at this point in time, the following teaching staff will be leaving our school to further their careers in other parts of the state:

Dr. Adam Salmon, Mr Craig McKeough, Mrs Belinda McKeough, and Miss Alyssa Hampson.

I am sure you will all over the next few months join with me in thanking these wonderful people for their contribution to our community and wish them all the best for the future.

When I have a complete list and we have a more advanced timetable I will be able to provide the names of the teachers who will be joining us in 2015.

Til next time
In All Our Best
Grant Williams

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### Student of the Week

<table>
<thead>
<tr>
<th>Week Ending</th>
<th>Prep</th>
<th>Year 1</th>
<th>Year 2/3</th>
<th>Year 3/4</th>
<th>Year 4/5</th>
<th>Year 6/7</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/09/14</td>
<td>Lucas Hansen</td>
<td>Danni-Elle Cridge</td>
<td>Jack Dwyer</td>
<td>Luke Grainger</td>
<td>Jackson Miller</td>
<td>Brody Bashford</td>
</tr>
<tr>
<td>12/09/14</td>
<td>Harrison Miller</td>
<td>Jimmy Barwick</td>
<td>Dennis Simpson</td>
<td>———</td>
<td>Kayleigh Greyling</td>
<td>Tyana Ross</td>
</tr>
<tr>
<td>19/09/14</td>
<td>Zoe Birse</td>
<td>Mariah Calliss</td>
<td>Meg Arnold</td>
<td>Mia Dickson</td>
<td>Zachary MacLean</td>
<td>Larni Balderson</td>
</tr>
<tr>
<td>10/10/14</td>
<td>Tobi Gentles</td>
<td>Hannah Gronold</td>
<td>Austyn Stewart</td>
<td>Hannah Dean</td>
<td>Karma Kelly</td>
<td>Jeremy Cullen</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Ending</th>
<th>Music</th>
<th>Instrumental Music</th>
<th>Sports</th>
<th>Sports</th>
<th>Music Class of the Week</th>
<th>Sports Class of the Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/09/14</td>
<td>Jack Arnold</td>
<td>Indianna Adams</td>
<td>Chase Hansen</td>
<td>Libby Dean</td>
<td>Prep</td>
<td>Year 3/4</td>
</tr>
<tr>
<td>12/09/14</td>
<td>Hayden Vearncombe</td>
<td>Emma Chandler</td>
<td>———</td>
<td>———</td>
<td>Year 3/4</td>
<td>———</td>
</tr>
<tr>
<td>19/09/14</td>
<td>Jackson Hurst</td>
<td>Kaitlyn Plumb</td>
<td>Sarah Luyt</td>
<td>B’lana Luck</td>
<td>Year 1</td>
<td>Year 6/7</td>
</tr>
<tr>
<td>10/10/14</td>
<td>Colby Balderson</td>
<td>Tracey Bailey</td>
<td>Austyn Stewart</td>
<td>Kalob Hansen</td>
<td>Year 1</td>
<td>Year 1 &amp; Year 3/4</td>
</tr>
</tbody>
</table>
Head of Department

Australian Curriculum

In 2012, the Australian Curriculum was introduced in Queensland schools. Mathematics, Science and English were introduced initially throughout this year. In 2013 the implementation continued with the introduction of History. This year, 2014, saw the introduction of Geography.

2015 will see the phasing in of the following subjects:

- **Humanities and Social Sciences**
  Comprises of History, Geography, Economics and Business, Civics and Citizenship

  - **Prep- Year 3** History, Geography
  - **Years 3-10** History, Geography, Civics and Citizenship
  - **Years 5-10** History, Geography Civics and Citizenship, Economics and Business

- **Health and Physical Education**
- **The Arts**

This week I have provided information on The Arts

The Australian Curriculum: The Arts covers each of the five Arts subjects – Dance, Drama, Media Arts, Music, and Visual Arts.

The Arts is organised into two interrelated strands of *Making* and *Responding*. *Making* includes learning about and using knowledge, skills, techniques, processes, materials and technologies to explore arts practices and make artworks that communicate ideas and intentions. *Responding* includes exploring, responding to, analysing and interpreting artworks.

*Making*

*Making* in each Arts subject engages students’ cognition, imagination, senses and emotions in conceptual and practical ways and involves them thinking kinaesthetically, critically and creatively. They develop knowledge, understanding and skills to design, produce, present and perform artworks. To make an artwork, students work from an idea, an intention, particular resources, an expressive or imaginative impulse, or an external stimulus.

Students learn, develop and refine skills as the artist and as audience for their own work, and as audience for the works of others. *Making* involves practical actions informed by critical thought to design and produce artworks. Students independently and collaboratively experiment, conceptualise, reflect, refine, present, perform, communicate and evaluate. They learn to explore possibilities across diverse art forms, solve problems, experiment with techniques, materials and technologies, and ask probing questions when making decisions and interpreting meaning.

Part of *Making* involves students considering their artworks from a range of viewpoints, including that of the audience. Students consider their own responses as artists to interpretations of the artwork as it is developed or in its completed form.

*Responding*

*Responding* in each Arts subject involves students, as both artists and audiences, exploring, responding to, analysing, interpreting and critically evaluating artworks they experience. Students learn to understand, appreciate and critique the arts through the critical and contextual study of artworks and by making their own artworks. Learning through making is interrelated with and dependent upon responding. Students learn by reflecting on their making and critically responding to the making of others.

When *Responding*, students learn to critically evaluate the presentation, production and/or performance of artworks through an exploration of the practices involved in making an artwork and the relationship between artist, audience and artwork. Students learn that meanings can be interpreted and represented according to different viewpoints, and that the viewpoints they and others hold shift according to different experiences.
Students consider the artist’s relationship with an audience. They reflect on their own experiences as audience members and begin to understand how artworks represent ideas through expression, symbolic communication and cultural traditions and rituals. Students think about how audiences consume, debate and interpret the meanings of artworks. They recognise that in communities many people are interested in looking at, interpreting, explaining, experiencing and talking about the arts.

**JUNIOR SECONDARY PARENT INFORMATION EVENING**

On Thursday 30th October, Barcaldine Prep-12 State School will be hosting an information evening for parents of students who will be transitioning from Year 6 and 7 into Secondary School in 2015. The meeting will commence at 5.30pm and conclude by 6.30pm. More information will be forthcoming closer to the date.

**YEAR 6 TO 7, 7 TO 8 ORIENTATION DAYS**

Orientation Day for students transitioning into Junior Secondary in 2015 will be held on Thursday 13th and Friday 14th November. Information packages will be distributed to students in the coming weeks.

**UNDER THE STARS-Tuesday 2nd December**

This year, we are holding Under the Stars again. This evening will be held at the school and will feature performances by our Prep-Year 7 students. More details will follow closer to the date.

Until next time,

Kim Ogden

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**Queensland Youth Parliament**

Kate Newton in year 11 applied to participate in the 2014 Queensland Youth Parliament (QYP) program that was offered to youth form 15 – 25 for each of the Electorates of Queensland and she was chosen to represent our Electorate.

She has made two visits to Brisbane to participate in the QYP program; this session saw Kate visiting Parliament for one week over the September holidays. The purpose of this program is to introduce youth to the world of politics so that career pathways can be fostered within the political areas of Local and State Governments and the wider world of Foreign Affairs.

Kate said that she had an amazing time and some of the tasks that were undertaken were – writing and refuting Bills in relation to Aboriginal and Torres Strait/ Multicultural Affairs, Transport, Tourism, Health, Education.

A major focus of the week was sitting through Parliament discussions about current affairs of the State of Queensland, participating in team building activities, many discussions regarding the youth in each electorate and how youth participate in community engagement.

An outcome of the week saw the Bills tabled by the QYP passed in Parliament and presented to the Queensland Premier. The Premier will now use these Bills to consider youth engagement within community and the State and perhaps implement some ideas.

Kate is looking to follow a career in Politics/Foreign Affairs and this has been a wonderful launching pad for her. No doubt she will continue to seek like opportunities to broaden her horizons – I wish her well in these endeavours.
Dear Families

The new term has certainly started on ‘full charge’ and I know the remaining weeks will certainly be full of last minute cramming, preparation for events and completion of final assessment tasks – welcome to term four and to the life of secondary school.

2015 Subject Selections:

In the last newsletter of Term 3, I advised families that the 2015 subject selections for years 9 and 10 will have two elective subjects and not the usual three. The loss of one elective subject accounts for the introduction of the new release of the Australian Curriculum of Business and Economics and Civics and Citizenship.

Students in the current Year 8 and 9 classes had been requested to select preferred subjects from a suite of subjects available at school. Earlier in the week these preferred subjects were grouped with the most preferred subject options.

We were able to accommodate all of the students for their 2015 subject selection; except for eight students (these students have since chosen a new combination of subjects).

Subject Selection Evening:

My appreciation is extended to all of the students and families of year 8 and 10 students whom attended the 2015 Subject Selection Evening. This year’s evening was presented in a different manner and allowed students to demonstrate the navigation of the OneSchool page for surveys, SET Plans and subject choices.

This year, students have lodged their subject choices electronically and this will allow teachers to see class lists and be better prepared regarding the ordering and purchasing of class resources. It also avails the school’s administration instant viewing of a student’s subject selections.

The Year 9 students have already chosen which elective subject they wish to drop for the new school year and they will receive their new timetables at the commencement of 2015.

In the new school year, students from Years 9 – 12 will be able to change their subject selections at the commencement of each new semester (this will only occur with Parent and Administration consultation).

Please do not hesitate to make contact with me, if I am able to assist with any enquiries with regards to your child’s subject selections for 2015.

Year 12 Verification – Exit Process

Year 12 work has been mailed for External Verification and this process will take place on Monday, 20 October 2014 – across the state of Queensland for all Secondary School (State, Catholic and Independent).

All Year 12 students will have one formal assessment task remaining for their school year and this task will still be used in the Verification process and if poorly done, can see students move down the ‘ladder’ from the External Verification.

It is therefore imperative, that all year 12 students continue to work to their full potential to ensure that their Exit result is consolidated and if this last task attains outstanding results, it can see movement into the next Level of Achievement as well.

As this last assessment task is considered to be ‘fullest and latest’ and schools are able to formally apply for movement into a higher Level of Achievement; students are strongly encouraged to work very hard to ensure this movement can take place.

Meals on Wheels:

I would like to take this opportunity to thank all of the families that allow your children, once a month, to assist me with Meals on Wheels. Year 12 students participate in this community service and we have been undertaking this program for a number of years. There are times, that I forget that we are on roster and I am very grateful to those parents whom allow their child to assist me at the last minute.

As the 2014 school year draws to a close, an invitation is extended to all families to make contact with me if I am able to assist with any enquiries that you may have, that pertain to changing schools, subject selections, SET Plans and the like.

Until next time

Meegan Wills
Welcome back! As everybody undoubtedly knows it is term 4 already and the year has flown by! The last term of school ended with a bang with ‘Talk like a Pirate Day’. This fun filled day was a huge success, with a significant number of students strapping on their eye patches, angling their elbows and with swords in hand, giving their best “ARRRRR ME HEARTIES” all day long. The end of the day saw all students from Prep to Year 12 participate in events such as a treasure hunt, bin-ball and finally, tug-a-war. Students were separated into four groups; red, blue, green and orange, with each group lead by 2 or 3 senior students.

These groups went head-to-head in the afternoon’s activities, with the winners being awarded with glory and treasure; however an unfortunate shortage of gold dubloons in the 21st century saw chocolate as substitute for actual treasure. Before the clock struck three a final tug-a-war contest was held between this years graduating year 12’s and the teachers. The stakes were high, and everyone showed their support. After many tiring minutes of pulling, sweating and desperate attempts to retain footing, the Year 12’s pulled the teachers over the line; thus it was found the students had outplayed the teachers, in physical prowess anyway. The term was finished on a high note with great leadership from the senior students who led and helped the younger students within their groups.

This term is the last ever for the graduating Year 12’s, and this is also the second last school captain article from us.

Until next time, cheerio and remember this upcoming weekend is three days long, with the Student free day next Monday.
Sincerely,
Sophie and Brad.
**P&C News**

As family contributions have been down over the last couple of years, the Barcaldine State School P&C Association has started fundraising as a renewed commitment to help improve facilities and resources within our school and thus provide better learning outcomes for our students.

So far this year, we have run a State of Origin raffle which raised about $1400, a small raffle over the Variety Bash Breakfast which raised an easy $600 and our major event, the catering for Westech. The catering was a huge undertaking, but well worth the effort as approximately $8000 was raised for the committee and in turn, for the benefit of our students.

A massive thank you goes out to those people who helped out at Westech over the two days, either on the days or by providing cakes and slices to sell. It certainly was a busy, exhausting few days and wouldn’t have been possible without the people who offered their time to assist.

Along with the Barcaldine State School and the Early Years fundraising venture, the P&C has committed at least $6000 of monies raised to go towards the purchase of new iPads and charging trolleys for our school.

The Barcaldine State School P&C Committee welcome new members and have changed the time of the meetings to 3.15pm in the hope that this will be a more convenient time for many people. Meetings are held on the 3rd Monday of each month, with the next meeting on the 17th November. We look forward to welcoming some new faces.

Suzanne Phillips
Barcaldine State School P&C Vice President

**P-3 Westech Fundraising Success**

Students in Prep to Year 3 can thank their hardworking parents and school staff for the new reading books and ipads that will soon be ready for use in classrooms. The Bull Sale BBQ and Westtech Breakfast across the 3 days in conjunction with the generous financial support from some community businesses netted us an impressive $5226.46. Money from school funds, the P&C and the Westech fundraising have enabled us to purchase an iPad trolley and an additional 15 iPads to use in Prep as well as a set of 25 iPads and a trolley to use between Year 1 and Year 2/3. Thank you again to all those parents and staff who gave up their time to assist us in this fundraising venture. The purchase of these excellent teaching resources to use in classrooms has made the early morning starts well worth it.

Paula Bashford
P-3 Coordinator

Lucas, Zoe, Ryan, Sam, Ella and Angie are excited about the new iPads.

**HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!**

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!
School Improvements

Each year we continually look to improve the teaching and learning environment for our students. Some of the improvements we have undertaken recently are:

- New desks and chairs for the Secondary Department and the Special Education Unit as well as soft furnishings for a more relaxed individual learning space for Secondary students.

- Purpose built chook pen for the Poulty Club.

- New doors in Prep as well as new door locks throughout the school.

- New shelving and storage for the Music and Performing Arts Department.

- New Goat fence and Greenhouse for Agricultural Studies.

TOTAL COST: $87,228.86
Teenagers and Nutrition

In Australia only 5% of teenagers are eating the right types and amounts of food as recommended in the Australian Dietary guidelines. In particular, teenagers are eating too many processed foods that are high in fat, salt and sugar. Our taste buds love these foods and make us want to eat more and more of them! These foods are also contributing to Australia’s obesity epidemic. As many as one in three teenagers are classified as either overweight or obese. I surveyed students at one of the schools I visit and there were lots of pies, sausage rolls, chicken chips and soft drinks on their daily menu. The average soft drink has ten teaspoons of sugar in it! That is a lot of ‘empty energy’. By empty energy I mean we get a burst of energy from all the sugar, but no other nutrients. Then, about an hour after having the soft drink we often feel more lethargic than we did in the first place.

In particular, teenagers are missing out on Calcium and Iron due to inadequate diets. This is at a time where most adolescents are having big growth spurts and their bones need the right amounts of calcium to be strong to minimise the risk of broken bones and brittle bones when they are older. Iron is important for making healthy red blood cells that can carry oxygen around our body. Calcium is found in dairy foods, green leafy vegetables, nuts (particularly almonds) and salmon. The best sources of iron come from red meat and dark green leafy vegetables, such as spinach.

You cannot necessarily tell if someone is in a healthy weight range just by looking at them. We currently use the ‘Body Mass Index’ to determine if people are in a healthy weight range. To work out your BMI this formula is used:

\[
\text{Weight (kg) ÷ Height (m)}^2
\]

For example: 60Kg ÷ (1.7m×1.7m) = 20.76

A healthy weight range is between 20 and 25. Over 25 is considered overweight.

I encourage you to log onto [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au) to look at the types and amounts of foods recommended in the Australian Dietary Guidelines

Take Care,
Natalie Hurst – School Based Youth Health Nurse

Amazing Mural!
The Barcaldine Junior Football Club commissioned the year 11/12 Visual Art Studies class to design and create a large scale mural for a wall in the club. The mural emulates the Sand Goanna theme of the football club and captures the essence of the outback. A big thankyou to the class for painting such an amazing piece of art for all to admire.

Miss Helen Efremoff

Goat Handling Demonstration
Year 9/10 Ag students would like to invite family and interested community members to a goat handling demonstration session next Thursday, 23 October at 10.30am at the “Ag Paddock”. All welcome. Please wear hats and sturdy shoes. We look forward to sharing our work with you.
Year 9 Science
As part of a unit on Ecosystems, year 9 science students have been out doing a study on Crocodile Creek over a number of weeks. The end result of this will be a presentation recommending ways this habitat could be improved.

Year 9/10 Ag Science
No it’s not the Barcy State School goat parade, but the Year 9/10 Ag class working on breaking in some new young goats in preparation for next year’s goat racing. The year 9/10 class has been working hard and effectively on the task, which can often be trying, and are consequently achieving great success. The first weeks saw the goats objecting to being handled with many being very difficult to work with. However, the students have persevered and have put in a lot of effort in bringing the goats around to seeing things a different way and now all are leading as though they were born to it. A number of students have shown a real talent in working with the goats in this respect. The students, who have also been working on harnessing the goats, have been assisted in this by Mr Tom Lockie who has a wealth of experience in handling goats.
Hi Everyone
I hope everyone has had a well-deserved break and that you are ready to start this term off rested and enthusiastic about learning.
I spent 10 days in Thailand during the holidays and it was absolutely fantastic. We rode on elephants, went canoeing through caves around the different islands, visited James Bond Island, fed the monkeys at Monkey Temple and spent time relaxing at the resort.

Need For Feed
Need For Feed will be starting in Week 2 this term, on Thursdays from 3pm until 5pm for Year 5-10 students. This is sponsored by Diabetes Australia and is a healthy cooking program designed to teach children and young people how to cook healthy meals. There are 7 sessions at a cost of $20.00 per family. This will include a recipe book, an apron, the certificate of completion at the end and all the ingredients needed for the recipes. This is a fun and exciting program, so get your name in quick.

Weekly Menu for Breakfast Club
Breakfast Club has started up again on Thursday mornings. Thank you to all my wonderful helpers last week. We served 120 portions of Bacon and Eggs at Breakfast Club. I could not have done it without all your help.

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Scrambled eggs on toast</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 4</td>
<td>Pancakes with maple syrup</td>
</tr>
<tr>
<td>Week 5</td>
<td>Savoury mince on toast</td>
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<tr>
<td>Week 6</td>
<td>French toast with a variety of toppings</td>
</tr>
<tr>
<td>Week 7</td>
<td>Spaghetti on toast</td>
</tr>
<tr>
<td>Week 8</td>
<td>Poached egg on toast</td>
</tr>
<tr>
<td>Week 9</td>
<td>Pancakes with berries and ice cream</td>
</tr>
</tbody>
</table>

Chappy Room will be running in the dance hall at first lunch on a Wednesday and Thursday. Year 6 and up we will have a craft activity running in the Library second lunch on Wednesdays and Thursdays. Miss Nicole will be teaching us how to crochet. A big thank you to her for donating her time and energy. I am hoping to organise a few more people who can come in and inspire us to learn some different craft over the next term. I will keep you all posted.

Be kind to each other.

Isabel Greyling
Conflict between Children

Parents often worry about their children fighting with each other. Some conflict between children in families is normal. It is part of how children learn to get along with others. Parents can help reduce fighting by making sure that each child feels equally loved and valued. Clear family rules and routines can help too.

Arguments between brothers and sisters are one of the ways children learn how to be fair, to respect others and to resolve differences. Learning how to argue fairly without hurting anyone is a skill that will help them in their future relationships.

Children may fight about your love and compete for your attention. They can feel jealous if you seem to have more time for one child, or to treat one child better than another. Even adult children can be jealous of their siblings. Children may fight if they feel hurt, angry or unfairly treated.

Some children fight more than others because of their temperament, their age or because they are still learning the skills they need to get along with others. Children will fight less as they grow up and develop better social skills.

Reducing conflict

Parents can reduce conflict by:
- making sure each child feels equally loved and valued. Try to spend equal time with each child on their own. The things you do with them may be different due to their age and interests.
- having clear, simple family rules that encourage fairness and respect for others e.g. ‘we always take turns’, ‘we never hit people’, ‘we are kind to each other’, ‘we say sorry’. Let your children help set the rules. Put a copy on the fridge as a reminder. Agree what will happen if rules are broken.
- having household routines e.g. where people sit for meals, who washes the dishes on different days
- giving lots of praise when children work things out well. Say what you like about their behaviour e.g. ‘I really like the way you are sharing that’, ‘it’s great that you are both taking turns’, ‘I like it when you are kind to each other’. This helps guide their behaviour and builds their self-esteem and confidence
- helping children to be kind to each other e.g. make cards or presents for birthdays.
- make time to have fun together as a family. It’s a chance to show children how to play fairly.
- ensure that a child is not always left out of games. If you are having friends over, try to have a friend for each child to play with at the same time.
- allow children to have special things of their own that the other one does not touch.
- give them each something small if you are buying gifts, rather than one big thing to share.
- show your children how to resolve things fairly. Having clear family rules can help.

Stepping in

Keep an eye on your children so you know how fights start. It may look like one child always starts fights but this may not be the case. If you rescue the child you think is being picked on, the other child may feel unfairly treated and be angry and upset.

Always step in before fighting gets out of hand or someone gets hurt. If you have to step in:
- be aware of your own feelings and stay calm. If you feel unable to cope at times ask a trusted adult to help
- separate your children if you need to. This does not solve the problem and you will need to deal with it later
- don’t take sides or focus on blame
- remind your children about the rules and what happens if they are broken. Any consequences should happen soon after the fighting.

It is not helpful to:
- say a child ‘should know better’ or call them ‘a troublemaker’
- say that one child is better behaved than the other.

If your children are upset, talk with them about their feelings. When things are calmer:
- talk with your children about better ways to do things next time. Ask them what else they could have done.
- make sure that each child has a say and they know you have heard them.
- remind children of the family rules. Family meetings may work for older children.
- help children have an outlet for their feelings without fighting e.g. active play, creative activities, sport or music.
- Allow children to resolve their own conflicts at times. Too much of your attention may reinforce fighting.

Adapted from the Women and Children’s Health Network. For more information go to: http://www.cyh.com/SubDefault.aspx?p=98
Work Experience Yr11 – 2014

Zoe: “Work experience 2014 was a great opportunity. I really enjoyed working at the Royal Children’s Hospital School. I was working as a teacher aide with sick children or children who had family members in hospital with terminal illnesses. It was sad to see how many kids are so sick at such a young age, it made me appreciate my life a little bit more because I am healthy.”

Luke: “During the week I went to Brisbane for work experience I had the chance to go to work at the Actors Conservatory where I was able to learn many lessons about the acting industry. The biggest pro to working at the Actors conservatory was the fact that I helped shoot scenes for a film project that the director for the conservatory was conducting. The next most enjoyable experience while there was that while they were practising for a commercial shoot, I was allowed to play one of the actors roles, which felt great even if it was only practice. The only stuff I found difficult while working at the Actors Conservatory was the admin work I had to do at the end of the day, but I’m still happy to say that it gave me another experience within the industry. So all and all working at the Actors Conservatory was a great experience as I was able to get a bigger experience on the acting industry and was able to help with two different film shoots. So I’m happy to say I still want to get into the industry of acting.”

Rhiannon: “Year 11 Work Experience with David Tait QC Barrister was invaluable. During my time with David I was fortunate to observe him working on an extensive case regarding an Australian woman, claiming Post Traumatic Stress Disorder after being jailed in Dubai. After minutes of observing David writing his recommendations and preparing for mediation it became evident that he was a master in his profession, making the work look like child’s play. I was also able to go the Supreme and High Courts, and witness the case on the Bikie Laws. The formality and aptitude of those I was fortunate enough to work with and observe was a great eye-opener.

Kate: “Work Experience in Brisbane provided an understanding of the workplace outside of Barcaldine, which will help us prepare for transition into the big, wide world. Without even considering what we learnt within our individual businesses, learning to navigate around the city was a great learning curve and experience. It was an eye-opening opportunity. -- Kate”

Lauren: “The week in Brisbane was a great opportunity to experience things most of us hadn’t before, like public transport and not making eye contact with people. Personally, the main highlight was the food and coffee, but I also really liked my 9 to 5 office job, which mostly involved putting things in envelopes and printing stuff out. Overall it was a really positive experience for everyone and all the fundraising was totally worth it.”

Maddison: “Year 11 Work Experience was a BLAST!! I spent my week working in the ARTIE Program with the Former Origin Greats (FOGS), it was great. Being a student and being a part of the ARTIE Program I got to experience what it was like behind the scenes. My favourite part of Work Experience was when I got to go to other schools which were a lot larger than Barcy, and I got to work with some great people. I went shopping every day after work, so that was probably the best part and DreamWorld was amazing! It simply was the best week! “ - Maddison Blucher

Jesse: “University of Queensland: Brisbane

A week in Brisbane for me was most definitely something special. I may have had it easy, only working a maximum of 5 hours each day, even less than going to school, but I couldn’t have enjoyed it any more than I did. For these five days, I worked at the University of Queensland sports centres, the fitness centre, the tennis centre and the athletics track. My love for sport extends throughout a career like this, working with kids at the tennis centre and athletics track, meeting new people and gaining skills, as well as helping people get motivated to get fit. I loved it honestly. I’ve realised University is definitely an option for me.” - Jesse Marshall

B A R C Y  B R O A D C A S T E R
Bella: “Working at the Green Cross Vets Clinic was great experience in Brisbane. Having the opportunity to be in theatre with the vets and nurses was something I would not be able to experience in any other vet clinic. I would highly recommend other year 11 work experience students to go there in the future.” Bella.

Brandon: “My experience on the trip was great. I had so much fun at Dreamworld and taking the train to work every day. At work I gained a few hours of training and was offered a job there. My biggest fear was going to work by myself and taking the train and hoping I don’t take the wrong one, but I managed. I had so much fun working there. I helped paint, weld, transport frames to job sites. I would love to go back and work there again.”

Gabbi: “I really enjoyed work experience. I learnt a few things at the Queensland School of Beauty Therapy although I didn’t get to do as many things as I would have liked because I had my arm in plaster. But I didn’t miss out too much because nearly every day I got a treatment which ranges from facial massages, manicures, pedicures, full body massages and make-up trials.” Gabbi Cullen

Jaz: “I enjoyed working at Paddington Weddings during work experience as I learnt a lot about bridal fashion and making wedding dresses with extremely talented women. They make the bridal’s choices of design on campus from scratch and during my time there I got to crystal someone’s wedding dress which was pretty amazing.”
Come and enjoy Barcy Edge’s annual dance performance of ‘Oh Nuts!’ - a story inspired by May Gibb’s outback bush babies - ‘Snugglepot and Cuddlepie’.

Barcy EDGE is a Barcaldine dance school that teaches Ballet, Jazz, Tap and Cheer Fun.

Tickets are on sale now. Tickets sold out last year so be quick!

Tickets available for $5 per seat - available at Gidyea Gear. Cash only, correct change if possible.

Held at the Barcaldine Shire Hall the Matinee will start at 10.30am and evening concert commences 6.30pm. Intermission refreshments available.

To celebrate Barcy Edge’s second year of dance - we will be giving away FREE tickets.

For each performance the 2nd, 22nd and 222nd tickets sold will receive one FREE ticket.

So hurry in and buy your tickets today.

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**When can my child attend kindergarten?**

**Open Day**

Barcaldine Kindergarten is a place where children play and each day is a learning adventure supported by our experienced educators and staff. We offer a quality program allowing children to become active learners through the implementation of the Queensland Kindergarten Learning Guidelines and are a Lady Gowrie affiliated service.

**COME SEE FOR YOURSELF**

**WHEN:** Wednesday 22nd October 2014

**TIME:** 9:30am till 11:00am

**WHAT TO BRING:** hat, water bottle, and healthy snack for morning tea.

Activities will be set up for your child to play and interact. Information and enrolment packages will be distributed.

Please contact Katrina Egberton on 0419 474 617 or via email on barcaldinekindy@bigpond.com for more information.

**At The Movies**

- **Fri 17th & Sun 19th Oct at 7pm**
  - **Box Trolls**

- **Fri 24th & Sun 26th Sep at 7pm**
  - **The Maze Runner**

- **Fri 31st Oct & Sun 2nd Nov at 7pm**
  - **Gone Girl**

- **Fri 7th & Sun 9th Nov at 7pm**
  - **The Equalizer**

For more information visit:
Barcaldinetheatre.blogspot.com.au
(check calendar on R)side
‘Barcaldine Picture Theatre’ on Facebook
or check information board at the movie theatre